



Guide to **Standing Up: It's About Respect**

Students learn how to show respect online and what to do if they encounter rude behavior.

Lesson topics include: Online vs. face-to-face communication; the concept of tone; ways to show kindness to others; asking for help; and communicating clearly and respectfully.

Digital Lesson References

Communicating Respectfully

When you communicate online, do it respectfully.

Be Clear – say what you mean

Use Emoticons – so that others understand your tone

Showing Kindness

Just like you're kind to others in everyday life, be kind to others online, too.

Be Polite – use your manners

Use Spell Check – so that it's clear that you care about checking your work

Don't Shout – because typing in ALL CAPITAL LETTERS is the same as yelling

Use Clear Subjects – so that people understand what your messages are about

Tell a Trusted Adult

Let them know when you are scared or uncomfortable about something online, or when you know a friend has seen something scary or uncomfortable.

Parents – they'll take care of you

Guardians – they'll do the right thing

Teachers – they'll know what to do

Coaches – they'll help you out

Relatives – they'll make things better

Online Polling

Didn't get to participate in this session's polls? Cast your vote at the websites below.

What's the best reason to use emoticons when you send messages online? – www.bit.ly/lol1-8

If you were sending a message about your family pet's new trick, what would be a good subject for that message? – www.bit.ly/lol1-9